



**Special Olympics**  
Queensland

# NEWSLETTER

September 2009

**Brisbane East Region**

*"Let me win. But if I cannot win, let me be brave in the attempt".*

## Regional Sports Contacts

<b>Basketball</b>	Dean Booyesen	3207 0365
<b>Bocce</b>	Sonia Lelay	3207 7050
<b>Soccer</b>	David Rutherford	3342 1772
<b>Swimming</b>	Julie Claydon	3390 2120
<b>Tennis</b>	Dean Toparis	3206 4872
<b>Ten Pin</b>	Sally Carr	3824 4644
<b>Sports Coordinator</b>		
	Paul Clarke	3206 4147

## **REGIONAL MEETINGS**

Meetings of the Brisbane East Regional Sports Committee are held at the Redlands Sporting Club, Anson Rd, Wellington Point on the first Monday of every month starting at 7 pm. All members are welcome to come along.

## Regional Management Committee Contacts

<b>Chairperson:</b>	Keith Brown	3396 9504	<a href="mailto:krbrowns@three.com.au">krbrowns@three.com.au</a>
<b>Secretary:</b>	Sally Carr	3824 4644	<a href="mailto:joker13@bigpond.net.au">joker13@bigpond.net.au</a>
<b>Treasurer:</b>	Sandra Booyesen	3207 0365	<a href="mailto:sbooyesen@tpg.com.au">sbooyesen@tpg.com.au</a>
<b>Membership:</b>	Kirsten & Peter Lisner	3207 2880	<a href="mailto:klisner@bigpond.net.au">klisner@bigpond.net.au</a>
<b>Fundraising:</b>	Sonia Lelay	3207 7050	<a href="mailto:sonia1@bigpond.com">sonia1@bigpond.com</a>
	Janet Bombolas	3390 2120	<a href="mailto:janetbombolas@bigpond.com">janetbombolas@bigpond.com</a>

*A place for everyone!*

## STATE TEAM



Congratulations to our athletes who have been selected to represent Queensland at the National Games in Adelaide next year.

Georgie Steffensen	– Basketball
Jenna Clarke	– Bocce
Lisa Kelso	– Bocce
Elizabeth Claydon	– Swimming
Alex Bombolas	– Swimming
Russell Booysen	– Swimming
Ben Carr	– Swimming
Megan Le Lay	– Tenpin Bowling

Also congratulations to Jill Aitken, who has been appointed Assistant Coach for the Tenpin Bowling team.

The athletes have started training with their teams and they have a State Training Camp at Tallebudgera from the 9<sup>th</sup> to the 11<sup>th</sup> October.

The athletes and their supporters are working hard to raise funds for their levies (\$1800.00 per athlete), so please help out where you can.

Fund raising for travelling teams is a regional responsibility, and should not just devolve onto the immediate family of the selected athletes.

## FROM THE CHAIR

### Inter Regional Competitions

In the last few months we have hosted our second football, bocce and tennis inter regional competitions and our first tenpin bowling inter regional competition. My thanks and congratulations to all the people involved in making all these events great days for our athletes.

Basketball and swimming to go!

### Membership and Publicity

Our membership is holding at about the same level as last year (50), so there are a lot of people within the area covered by our region, who would benefit from and enjoy Special Olympics, who do not know about us or have difficulty participating.

I spoke to the P & C at Mt Gravatt Special School recently, and I take every chance to tell people about us. Who we are, what we do, and what a profound effect we can have on the lives of our athletes and families.

Spread the word. There are a new range of pamphlets and posters being issued by SOA, which should be on the SOA website in the next few weeks. We will make these available through the Region, and we also have a Regional trifold pamphlet which includes details of our sports training schedules.

Please let Sally Carr know if you need some SO info to pass out or leave in appropriate locations.

Athlete Leadership Program (ALPs)

We are finally running a training course for athletes in ALPs, over the weekend of 24/25 October.

This is a great program and athletes who participate can grow in confidence and develop skills which amaze those of us who often underestimate their capabilities.

There are two streams in the program; public speaking and governance. Public speakers speak out on behalf of SO at all kinds of functions; from the local medal presentation to more formal and higher level functions. Athletes in the governance scheme are trained in the duties and responsibilities of committees, and represent their fellow athletes on committees from Regional to the Board of SOA (and SOI).

Each athlete works with a mentor, and the two carry out their training together.

We currently have one athlete, Megan Le Lay, registered for the ALPs program, and we need a mentor to work with her and support her. This will include attending the training together on the weekend of 24/25 October.

We would love to get more of our athletes involved; so if you can see the potential in an athlete, and the athlete is interested in participating, please let us know.



END OF YEAR PARTY

Put it in the social calendar. 21<sup>st</sup> November 2009. Community Hall, Windemere Rd, Alexandra Hills.

Same location as last year but, hopefully, a better turn out. Music, food, fun – don't miss out this year.

#### NEW REGIONAL SHIRTS

We have purchased new regional shirts, which are easier to care for. The colours on the athletes' shirts have been reversed; so the main body is blue, with white trim. Supporters' shirts retain the main white/ blue trim mix.

If you have a regional shirt, we will swap the old one for the new one at no cost to you. If you do not have a regional shirt, you can purchase one of the new ones.



VOLUNTEERS WANTED

The first of the new tri series is at Raby Bay on Sunday the 18<sup>th</sup> October and we, once again, will be providing run course marshals and water station personnel.

This year we will be raising some funds, as the volunteers are paid for helping out. Not huge amounts, but we should raise a couple of hundred dollars. Paul Clarke has organised a BBQ, and volunteers to man it, from the Port of Brisbane. So the Sausage Sizzle is on again. Funds raised come to the region.

### **WE NEED 20 VOLUNTEERS.**

You will need to be there by about 6 am and you should be finished by 10.30 am, so it is only for a short while.

**Please don't read this and think that someone else will do it!! We need your help.**

Please contact Brett Claydon soonest if you can help. (H) 3206 8122; [julieclaydon@bigpond.com](mailto:julieclaydon@bigpond.com)).

#### CALENDAR - 2009

### September

6	Tennis Inter Regional Comp	Brisbane East
12	Bocce Inter Regional Comp	Sunshine Coast
12	Golf Inter Regional Comp	Redcliffe
20	Basketball Inter Regional Comp	Redcliffe
19 – 4Oct	SCHOOL HOLIDAYS	

### October

19 Sep – 4	SCHOOL HOLIDAYS	
9 -11	SOQ State Training Camp	Gold Coast
18	Cricket Inter Regional Comp	Brisbane West
18	LETR Qld Tri Series 1	Raby Bay (BE)
24 – 25	ALPs Training	TBC
25	SOQ Planning Day	Police Academy
31	Noosa Special Triathlon	Noosa

### November

15	Cricket Inter Regional Comp	Gold Coast
15	LETR Qld Tri Series 2	Robina (GC)
22	Basketball Inter Regional Comp	Brisbane West
29	Tenpin Bowling Inter Regional Comp	Gympie

### December

6	Coaches/Committee/Volunteer Celebration	TBC
13	LETR Qld Tri Series 3	Raby Bay (BE)
14 – 27 Jan	SCHOOL HOLIDAYS	

### January 2010

14 Dec – 27	SCHOOL HOLIDAYS	
17	LETR Qld Tri Series 4	Robina (GC)
24	Tenpin Bowling Inter Regional Comp	Brisbane North

### February

21	Swimming Inter Regional Comp	TBC
28	LETR Qld Tri Series 3	Raby Bay (BE)