



Special Olympics is on the move
one volunteer team working together



Special Olympics Brisbane North Regional
Newsletter

Athletes Oath:
*Let me win, But if I cannot win.
Let me be brave, in the attempt.*

SOQ Website: www.specialolympicsqueensland.org.au

SEPTEMBER NEWSLETTER

REGIONAL MEETING

Brisbane North Regional Meetings are held monthly at:
Arana Hills Community Hall, Dawson Pde, Arana Hills.
The Meeting starts at 7pm with our next one being
Monday 28th September.
(4th Monday of every month)

Members and interested parents, carers etc with new ideas to share are always welcome to attend.



If you have anything to go into our newsletter please email:
kjlawley2@bigpond.com



UNIFORMS

The NEW TRACK TOPS have arrived, see your coach if you are interested or call Anne Yik 3353 4807
COST ONLY \$35
(this has been subsidised by the region)

Also please call Anne if you wish to purchase a new regional t'shirt, sizes available XS-XL \$35 each

Also have caps available for sale \$10 & 20th Year Celebration T'shirt \$5.

Regional Sports Contacts

Athletics	Debbie Barber	3216 2414
Basketball	Barbara Lawley	3355 5333
Bocce	Jeff Stewart	3300 5527
Golf	Noel Cox	3264 6886
Gymnastics	Kim Hammermeister	3289 8225 (please call before 7pm)
Swimming	Liz Ewen	3353 4210
Tennis	Fiona Bartley	3851 4230
Ten Pin Bowling	Jenny Hardisty	3351 6589
Soccer @The Gap	Jeff	3300 5527
@ Albany Creek	Bevan	3264 1084
Junior Sports Skills Program	Marg Dears	3351 4594

CALENDAR OF EVENTS FOR UPCOMING MONTHS

SEPTEMBER

- | | | |
|--------|--------------------------------|-----------------|
| 6 | Tennis Inter Regional Comp | Bris East |
| 12 | Bocce Inter Regional Comp | Sun Coast |
| 12 | Golf Inter Regional Comp | Redcliffe |
| 13 | Golf Come and Try – Wantima | BN |
| 20 | Basketball Inter Regional Comp | Redcliffe |
| 19 – 4 | Oct | SCHOOL HOLIDAYS |

OCTOBER

- | | |
|------------|---------------------------------------|
| 19 Sep – 4 | SCHOOL HOLIDAYS |
| 9 -11 | SOQ State Training Camp Gold Coast |
| 18 | Cricket Inter Regional Comp Bris West |
| 18 | Tenpin Inter Regional Comp Bris North |
| 18 | LETR Qld Tri Series 1 Raby Bay |
| 25 | SOQ Planning Day for Coaches |



Sports News

STATE TEAM NEWS

Reminder August Levy is now over due. If having difficulties paying please contact Greg Bartley to discuss options. Next Levy due 31 October.

SOCCER NEWS

Great day had by all 42 athletes who attended the recent competition hosted by Brisbane North.

TENNIS

HAVE A COMPETITION COMING UP ON THE 6TH SEPT, GOOD LUCK TO ALL ATHLETES.

Gymnastics

The gymnasts who were selected in the Qld Team are attending a training session at Gympie on September 5th from 10:00 am to 2.00 pm. All the gymnasts are also training for the Ferny Hills Gymnastics Club Championship to be held on September 12th. The Mag Group will compete at 8.30 am and the WAG group at 12 midday. Good luck to all. Cheers Kim

BOCCE

Training day was held for athletes Sat 29th. With a Carnival planned for Sept 12th.

Chocolate Drive

Well done to all those who have successfully sold many boxes - all families are now 5kg heavier. All money should be now handed in to your coaches or a cheque made out to Brisbane North Region for Special Olympics and sent to either

Kim Hammermeister
2003 Mount Nebo Road
Mount Nebo Q 4520

or

Greg Bartley
7 Regatta Ave
Bunya Q 4055

Alternatively, Kim is always at Ferny Hills State School hall every Wednesday 4-5pm and Friday 4 - 7 pm. There are more chocolates if anyone wants to reorder don't hesitate to ring Kim on 32898225 or send an email to hammer01@aapt.net.au

The very popular Brisbane North TRIVIA NIGHT is back in 2009.

Your attendance on the night will help support Brisbane North athletes in Qld team to participate at National Games!!!!

Date: Saturday 14 November 2009

Venue: Ferny Hills State school

Tables of 8 at \$10 per person (includes nibbles and supper)
Drinks available for purchase.

WE are looking for people who can provide prizes for the night - dinner at local restaurant, bottle of wine, passes to movies, CD vouchers, the list is endless.

SO, tell you friends to mark the date on their calendar, get your table organised
- lots of fun and great prizes to be won!

More information and flyer next newsletter.

Please call Margaret on 3351 4594 or email to alldears@bigpond.com if you would like to offer to assist in any way..

VOLUNTEER NEWS

If you or someone you know receives a Centrelink Payment and is eligible to do Voluntary Work as part of their payment participation requirements, Special Olympics is now an approved organisation.

Membership News

101 athletes registered.
29 registered volunteers

Please notify your coaches of any changes to your personal details, if you change address or phone number etc, we need to keep your details current.

Remember, if you are training you must be a financial member, otherwise you can't train!

Swimathon Saturday 31st October

Keep watching for more details about our upcoming Swimathon, forms will be sent out shortly with details. This will be a great opportunity to fundraise for the region.



GOLF COME & TRY DAY

You are invited to attend a Come and Try Golf Day at the beautiful Wantima Country Club. This is will be a fun day to learn about golf.

DATE: Sunday 13th September 2009

VENUE: Wantima Country Club
Southpine Rd, Brendale

TIME: 9am - 10am

COST: \$8 per athlete

NOTE: Golf Clubs will be provided

CONTACT: Noel Cox, Golf Co-ordinator 3264 6886

Special Olympics provides sporting opportunities for people with an Intellectual Disability - www.specialolympics.com.au

